

# Welcome to the BC Summer Games BOX Lacrosse Venue

<u>Fuller Lake Arena – 2876 Fuller Lake Road</u> <u>Kerry Park Arena – 1035 Shawnigan Lake-Mill Bay Rd</u>

We are proud to present the rosters of our players and coaches





## **KOOTENAYS**

1	Nathaniel Diguistini (G)	Kimberley
2	Fletcher Backshell-Jones	Cranbrook
3	Dylan Berard	Cranbrook
4	Avery Burki	Kimberley
5	Samuel Daprocida	Kimberley
6	Wyatt Fancy	Cranbrook
7	Colton Hauge	Crescent Valley
8	Cole Hennig	Cranbrook
9	Ryan Kooznetsoff	Crescent Valley
10	Cody Lemay	Crescent Valley
11	Kasey Miller	Kimberley
12	Dustin Peropolkin	Castlegar
13	Tanner Ranta	Crescent Valley
14	Colton Shaw	Cranbrook
15	Seth Swagar	Kimberley
16	Tyden Wilson	Kimberley
17	Colton Zawada	Kimberley
18	Wyatt Zawada	Kimberley
31	Seth Whitehead (G)	Robson
Coach	Russ Sheppard	Cranbrook
Mentor	Corey Miller	Kimberley
Assistant	Chris Bowman	Rossland
Assistant	Rich Wilson	Kimberley



### **THOMPSON-OKANAGAN**

1	Robert Gerow (G)	Kamloops
2	Keegan Allen	Penticton
3	Dexx Belanger	Kelowna
4	William Brewer	Lower Nicola
5	Liam Cyr	Vernon
6	Trey Dergousoff	Kamloops
7	Finn Halladay	Naramata
8	Brandon Jacobsen	Sorrento
9	Tyler Johnston	Kelowna
10	Ethan Konno	Penticton
11	Zackary Kuan	Kamloops
12	Rhys MacDonald	Penticton
13	Colin MacGregor	Kelowna
14	Blake Spragge	Kelowna
15	Bradley Swecera	Kelowna
16	Spencer Vaughan	Kamloops
17	Nolan Virgo	Kamloops
18	Spencer Watkinson	Penticton
31	Reed Watson	Kamloops
Coach	Dell Halladay (G)	Naramata
Assistant	Jamie MacGregor	Kelowna
Assistant	Bradley Watson	Kamloops





### **FRASER VALLEY**

1	Ryder Bremner (G)	Mission
2	Kobe Bonato	Chilliwack
3	Blake Bosak	<b>Abbotsford</b>
4	Noah Bradley	Maple Ridge
5	Jacob Challman	Chilliwack
6	Tristan Ellison	<b>Abbotsford</b>
7	Declan Fitzpatrick	Maple Ridge
8	Nico Gerussi	Langley
9	Kai Maenpaa	Mission
10	Jack Margetson	Langley
11	Sawyer Morais	Maple Ridge
12	Kenyon Nyman	Maple Ridge
13	Jacob Pahnke	Maple Ridge
14	Justin Pilson	Langley
15	Carter Stasuk	Fort Langley
16	Liam Taillefer	Langley
17	Jesse Tremblay	Langley
31	Trase Recsky (G)	Mission
Coach	Beau Bradley	Maple Ridge
Assistant	Gregg Holland	Maple Ridge
Assistant	Dan Morais	Maple Ridge





### **FRASER RIVER**

1	Lucas Price (G)	Port Coquitlam
2	Dylan Baker	Surrey
3	Billy DeBeck	White Rock
4	Kai George	New Westminster
5	Zander Gould	Surrey
6	Christos Katsiamitas	Coquitlam
7	Marcus Klarich	Burnaby
8	Sam La Roue	Surrey
9	Aidan Lalonde	Coquitlam
10	Jaden Leach	Surrey
11	Brendan Murray	Coquitlam
12	Carlos Pasula	Coquitlam
13	Wesley Phillips	Coquitlam
14	Carter Sheridan	Coquitlam
15	Braiden Struss	Surrey
16	Austin Taggart	Surrey
17	Thomas Vela	Burnaby
18	Brandon Woodward	Port Coquitlam
31	Thomas Ungarao (G)	Coquitlam
Coach	Keaton Henshaw	Surrey
Assistant	Dennis Ewen	Surrey





### **VANCOUVER-COASTAL**

1	Ryan Downie (G)	North Vancouver
2	Jaden Bourne	Richmond
3	Matthias Campbell	Richmond
4	Kenneth Dawson	North Vancouver
5	Kevin Dhillon	Delta
6	Sam Esworthy	Vancouver
7	Joshua Fenske-White	Richmond
8	Aiden Hindson	Richmond
9	Ben McDonald	Delta
10	Lucas Mullen	Vancouver
11	Hunter Parkinson	North Vancouver
12	Rhys Porteous	Delta
13	Kayden Singh	Vancouver
14	Conrad Squarek	Delta
15	Jacob Stewart	Richmond
16	Ethan Strik	Richmond
17	Luke Tippetts-Aylmer	Vancouver
18	Max Yingling	Delta
31	Joseph Lobbes (G)	Vancouver
Coach	Spencer Arnold	Vancouver
Assistant	Kris Briggs	Richmond
Assistant	Mark Collett	Vancouver





### VANCOUVER ISLAND - CENTRAL COAST

1	Adam Bland (G)	Victoria
2	Riley Arsenault	Victoria
3	Cole Arthur	Victoria
4	Jack Bowie	Saanichton
5	<b>Graham Goodfellow</b>	Victoria
6	Cameron Gregory	Nanaimo
7	Matthew Hermsen	Victoria
8	Brenden Jamieson	Parksville
9	Dylan Johannes	Victoria
10	Evan Law	Victoria
11	Mason Lo	<b>Brentwood Bay</b>
12	Tosh Paziuk	Nanaimo
13	Kyle Pepper	Victoria
14	Aidan Solomon	Victoria
15	Kenny Sweet	Campbell River
16	Levi Verch	Victoria
17	Joe Zerr	Victoria
18	Devyn Zunti	Ladysmith
31	Jesse Dalziel (G)	Nanaimo
Coach	Shane Terris	Nanaimo
Assistant	Steven Bishop	Nanaimo
Assistant	Jordan Terris	Nanaimo





# BOX LACROSSE TEAM IND

### **ALL-INDIGENOUS TEAM**

1	Connor James (G)	Nanaimo
2	Bryce Amos	Nanaimo
3	Evan Black	Courtenay
4	Dante Bob	Lantzville
5	Joshua Bryce	Victoria
6	Mattaeus Dawson	Lantzville
7	Chayce Fryer	Langley
8	Max Hunt	Abbotsford
9	Isaac Jack	Penticton
10	Clinton Kaboni	Merritt
11	Connor Kaboni	Merritt
12	Rickson Kruger	Penticton
13	Matthew Lylyk	Richmond
14	Burke McAdie	Chilliwack
15	Tayber McLean	Vernon
16	Perry Underwood	Saanichton
17	Joshua Wakelin	Abbotsford
18	Byron White	Nanaimo
31	Matthew Webber (G)	Burnaby
Coach	Wayne Kaboni	Merritt
Assistant	Bernard Manuel	Merritt
Assistant	Trevor Webber	Burnaby





### <u>CARIBOO – NORTH EAST</u>

1	Liam Froese (G)	Prince George
2	Colby Couturier	Quesnel
3	Connor Dionne	Prince George
4	Logan Forman	Prince George
5	Thomas Ginter	Prince George
6	Griffen Gouger-Davis	Prince George
7	Dyson LeNeve	Quesnel
8	Matthew Letoria	Prince George
9	Jaydon Merritt	Prince George
10	Hayden Nicholson	Quesnel
11	Jake Nohr	Prince George
12	Fischer O'Brien	Prince George
13	Jackson Parish	Prince George
14	Grayson Pement	Prince George
15	Devin Porter	Prince George
16	Marshall Schonewille	Prince George
17	Riley Stevens	Prince George
18	Daniel Sturgeon	Prince George
31	Trey Howarth (G)	Williams Lake
Coach	Doug Schonewille	Prince George
Assistant	Jeff Parish	Prince George



### **Box Lacrosse Official's Signals**

**CLA - Box Lacrosse Rule and Situation Handbook** 



#### Back Over

Right arm at right angle to body giving a left to right motion.

#### **Boarding**

Pounding of the closed fist of one hand into the open palm of the other hand.





#### **Butt-End**

A cross motion of the forearms, one moving under the other.

#### Charging

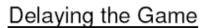
Rotation clenched fists around one another in front of chest.





#### Cross-Checking

One forward motion with both fists clenched extending from the chest.



Both arms extended out 'to the side with fists closed.





#### Delayed Penalty

Referee extends his/her nonwhistle hand straight up until the end of play.



Tapping either elbow with the opposite hand.





#### Face-Off

Arms crossed in front of the chest, hands open one behind the other. Pull arms apart as if resembling two sticks being drawn.

#### 5-Second Count

Whistle hand extended straight over head with 5 fingers apart.



#### Free-Hand Check

Left arm extended with open palm facing outward showing a pushing motion.



#### Goal Crease Violation

Place one foot on crease line and signal possession while blowing whistle.



#### Goal Scored

Both arms extended over your head.



#### Hand Ball

Show clasping of hands together at waist level.





#### High Sticking

Holding both fists clenched, one above the other, at the height of the forehead.

#### **Holding**

Clasp either wrist with the other hand well in front of chest.





#### **Hooking**

One tugging motion with both arms, as if pulling something toward the stomach.

#### Interference

Crossed arms in front of chest, hands open.



#### Kneeing

Tapping one knee while keeping head up.



#### Match Penalty

Tap on top of head.





#### Minor Interference

Forearm across chest, then point in direction of possession.

#### Misconduct

Placing of both hands on hips.





#### Roughing and Unnecessary Roughness

Extending one arm out to the side with closed fist.

#### Shot on Net

Whistle hand extended straight up, rotate index finger and bring arm down.





#### Slashing

One chopping motion with the edge of one hand across the opposite forearm.

#### Spearing

A pushing motion with both arms as if pushing the stick from the stomach.





#### 10-Second Count

Both arms extended to just over your head with 10 fingers apart and extended.

#### **Tripping**

Both feet on the floor, right leg forward and keep looking straight forward as knee is being struck.





#### Unsportsmanlike Conduct

One hand on top of the other to form a "T" at the side of the body.

# Thanks for coming to the Games and Supporting our Athletes,

#### **BC** Lacrosse Association

PS. If you are interested in becoming part of our sport then please visit our Website at BCLacrosse.com and find out where you can play too.

